



4/1/20 Weekly CNO Rounding Report

Guest Speaker:

Mary Shepler

Senior Vice President & Chief Nursing Officer

Evergreen Health in Kirkland, WA.

Mary shared what Evergreen Health learned as recipient of the Nation’s first known COVID patient, and death from COVID. She gave a thorough update and valuable take-aways you can find here: [Evergreen Health PP](#)

Keeping Staff Safe

Evergreen created Covid Education teams that ROUND with staff for both day and night shifts – every day.

The “Doff-icer” helps provide ongoing education for donning and doffing PPE

Using crisis nurses to help staff and give relief has been critical. NUwestgroup is one of many travel staffing groups that have been put to work in Washington [NUwestgroup stafing](#)

“Moral distress and resiliency is a problem for the whole healthcare team.”

Nurse leader respite is critical

Setting the example, requiring time off and using “partner managers” can provide rest for nursing leaders.

Mandate the time off! Make a call schedule to all allow for down time. If they work a weekend, they take a day off during the week.

Using managers from other departments (ie. Materials management) to help round and give leadership support is very effective.

**How is Evergreen
“Staying Equipped”?**

Supplies and availability

PPE is starting to arrive from the Strategic National Stockpile in WA. [NW Healthcare Response Network](#) with “tiers” established to help with the division and distribution of additional PPE supplies.

There are options such as non-disposable isolation gowns being deployed in homecare settings that have helped save disposable PPE for higher acuity patients.

In addition to PPE, consider other supplies you may need. Pharmaceuticals! Sedation meds, pressors etc.

**What about “other”
patients?**

Surge planning

Using low volume areas (ie. Surgical floors – since there are no surgeries going on) as overflow can help absorb patients. UW, Providence and the Hospital Associations also have templates, guidelines and protocols: **here**.

Caring for non-COVID patients

Example: OB patients admitted with NO symptoms and then by mid-stay they develop symptoms and ultimately end up testing positive. **Bottom line:** there are some guidelines coming out by the end of the week from CDC and WHO around masking, generalized masking and masking “at all times”.

Reports from Oregon & Washington

Oregon

The Oregon Center for Nursing (OCN) convenes every Friday morning

The Governor’s Task Force Report on 3/23 outlining guidance and support for maintaining the health system’s response to COVID19. The report focuses on PPE allocation, optimization of hospitals for surge and the healthcare workforce.

ONC Huddle summary can be found [here](#) [OCN Friday Morning Huddle](#)

Regional Teams are being coordinated by the Emergency Command Center and you are encourage to connect with them for local needs [Oregon COVID Response Center](#) There are also many other resources available on their website: [Oregon Health Authority](#)

Ruby Jason, Executive Director at OSBN held a seminar 4/2 discussing the issues around assigning tasks to unregulated workers. Notes can be found on their website [OCN](#)

Washington

The Washington Friday morning huddle included representative from academia, workforce, nursing commission and long-term care. The latest disease stats and positive testing percentages indicate that the state remains on alert for a surge in cases over the next two weeks. Hospitalizations with covid-like illness are rising and overall volume across all healthcare institutions remains low.

On Tuesdays, WSHA conducts a Clinician Support Webinar [WSHA Webinar 3/31](#).

PPE supplies continue to be a concern. As Mary noted, The Strategic National Stockpile is delivering supplies that will go to a Warehouse to be inventoried, divided and distributed over the next 2-3 days.

Testing Update: Studies this week confirmed the accuracy of SELF SWAB (nasal) vs. Provider obtained swab (nasopharyngeal) as a proven method to start implementing. This decreases the time to obtain a swab from 12 min to 3 min and significantly decreases the aerosolizing procedure risk and the use of PPE. More information about this is available on the WSHA website.

Covid-19 Resources

Training (and re-training)

PPE training resources: Dr. Joanne Roberts from Providence St. Joseph Health has shared their video library for training staff: [Providence Training Library](#)

General Information

- [CDC Covid19 Guidelines](#)
- [UW Policy Guidelines](#)

- [Worldmeters - Statistics](#)

Washington State Specific

- [WA State Covid Resource](#)
- [WA Nursing Commission](#)

Oregon State Specific

- [OAHHS Resources](#)
- [Oregon Health Authority](#)

Leading News and Article Resources

- [NY Times Covid 19 News](#)
- [Harvard Business Review - Covid Coverage](#)

Trusted Resources for Respite and Self-Care

- [Sleep Help](#)
- [Meditation App- Free for Nurses](#)
- [Happier - Free App for Healthcare workers](#)

